VALENTINE
Oral & Maxillofacial Surgery

Patient Instructions: Before Anesthesia Sedation

1. Please arrange for a responsible adult to take you home and stay with you afterwards if needed. This escort needs to come into the office with you when you check in and remain at the office for the duration of the appointment. If you drive yourself or take public transportation, such as a bus, taxi or ride service, your appointment will be cancelled. You cannot drive or operate machinery for at least 6 hours following you procedure.
2. Do not eat anything for at least 6 hour before your appointment. You may have clear liquids up to 2 hours before your procedure. Example of clear liquids include, water, fruit juices without pulp, carbonated beverages, clear tea and black coffee. If you currently take prescription medications, continue on your regular schedule unless otherwise directed. If you were given a prescription for and antibiotic please take as directed, including the morning dose prior to your appointment. Take these with sips of water only on the morning of surgery.
3. Wear comfortable and loose-fitting clothing and please wear short sleeves.
4. Minors (under 18) must have a parent or guardian present.
5. Refrain from applying any lotions or oils to hands and arms prior to surgery.
6. If you have diabetes-do not take any of your oral medications the morning or surgery unless you are otherwise directed so by Dr. Valentine.
7. If you normally take heart or blood pressure medicine each morning, please take them with a sip of water before your appointment.
8. If you use inhalers for any breathing problems, please bring your inhalers with you to your appointment. If you feel that you need to use an inhaler the morning of the appointment, it is ok to do so.
9. You will receive a call from the office two days before your appointment and given a time to arrive for your procedure. This time may be different that the time given to you at your consultation.